

Introducing a new columnist

"Savory Savings" is the title of Barbara Rosenberg's newest cookbook offering

By Worley Rodehaver Barbara Rosenberg, who has lived at Hammond North for 16 years is self-publishing her sixth cook book.

Her first book, which was very successful, was a fundraiser for her congregation, Rockdale Temple in Amberly. She was urged to write a sequel which has now turned into six cookbooks.

Her first book was titled **In the Beginning** and the name had a double meaning," it being about hor d'oeuvres and because a religious organization did it.

Her second book was entitled **Beginning Again** and it was the sequel readers suggested.

The third book came about because a cousin whose husband had had bypass surgery said, "Barb I have to cook differently can you help me?" So, she put together a book entitled **Beginning Lite** which is has recipes with low fat and cholesterol.

There have been reviews of her books in 300 newspapers nationwide.

"It was amazing in Alaska," she said, where a reviewer saw that one of the cookbooks was being printed in braille and advised Rosenberg about a man there who could use such a book. A book was sent to Alaska and this single man learned to cook using the book. "That was a fun thing that happened," she said.

Fifty people who belong to the zoo contributed recipes for her next book. Featured were bread, cookie and cake recipes. The cover art looks like a zebra and

was created by a neighbor who's animal cartoons throughout the book are great, says Rosenberg. In fact, she is using many of these cartoons in her new book. Her next book was actually a video tape, **Cholesterol Conscious Cooking** in which she prepared food. It included a print copy as well. Her next offering was **How to Succeed** with Chicken Within **Even Frying.** She did this book with her daughter. She pointed out that a reader can use the book and cook a different chicken dish each day of the week. There *See Cook*, *Page 6, Col. 3*

To Advertise—513-241-7539 of 513-797-4295



Page 2—METRO

METRI NEIGHBORS

May, 2012

Northside





Northside volunteers, upper left photo, leave the new Chase School headed for their assignments during Cleanup Day in April. The largest assignment was picking up trash, tires and debris on the site of Virginia Place which will be this year's *CiTiRAMA®*, upper right photo. In Photo at right, volunteers work in Hoffner Park and in bottom photo, items picked up throughout the neighborhood were dropped of at a collection point in the Save A Lot parking lot..







Rainbow Band plays during Memorial Day Service in 2011 Kiwanis to host Memorial Day Service

The Northside-College Hill Kiwanis Club will again be hosting a Memorial Day Service at Wesleyan Cemetery on Monday, May 28th.

The service will begin at 1 p.m. There will be a big band playing patriotic songs as well as a MIA/ POW Service and several speakers including an NCIS (*Naval Criminal Investigate Service*) as well as Sgt. Kurt Bowman of the Police Department. Sgt. Bowman is a veteran as well as a criminal investigator. Wesleyan Cemetery is the oldest continually operating cemetery in Greater Cincinnati and has veterans from the Revolutionary War and all wars since then. The first Attorney General of the U.S. is buried there and Wesleyan is the first integrated cemetery in the Greater Cincinnati Area.

Come and join in a great way to honor our fallen heroes. You can contact Jan Holland (513-681-5213) or Don Beimesche (513-853-4865) for more details.

Schaeper's Health Screening

Schaeper's Pharmacy is hosting Health Screenings on Friday, June 8, 9 a.m. to 4 p.m.

Free Tests include Blood Pressure, Sugar, Bone Density, Cholesterol and Hand-Grip Strength

ALSO: The Jewish 541-0354

Hospital Mobile Mammography Unit (*Appt. at* 513-686-3300) and the UC Mobile Prostate Screening Van! PLUS:Foot Exams, Freebies, Raffle and MORE!

For Info Call: 513-541-0354



Page 4—METRO

METRI NEIGHBORS

May, 2012

Southern Ohio Glass Corp.

Family Owned Since 1918 1689 Blue Rock Street (513) 721-5990 **24 Hour Emergency Service** Storefronts - Insulated Window Glass Plexiglass - Screen Repair - Mirrors - Shelves Furniture Tops - Window Repair



Northside-College Hill Kiwanis

We hold our weekly meetings at noon on Tuesdays at Twin Towers

in College Hill. Learn more about Kiwanis, join us for lunch. RSVP: Don Beimesche, 513-542-7800 or 271-2814 or Jan Holland, 513-681-5213



YES-CHAS. A. MILLER SONS IS STILL IN BUSINESS!

We've just moved to 3464 Central Parkway where we share the building with our other funeral home Busse & Borgmann Company.

We're right over the viaduct -In front of Cincinnati State. Stop by to see us. Phone number remains 541-0040



Is home ownership becoming a fading Dream?

the dream of homeownership. At Working In Neighborhoods, we developed ways to give

Associates.

We used to talk about working families (*of all* races, ethnicity and neighborhoods) opportunities to buy a home.

Then along came foreclosures that are not declining. Last year the number of foreclosure filings declined, but they are rising again. Banks are tightening up their criteria for mortgage loan applications, reducing the number of mortgage loans. Will we have more renters and less homeowners?

Some housing experts contend that fewer homeowners may be desirable. If there are fewer homeowners. how will this affect the demographics of communities and the sense of ownership and participation in neighborhoods? Homeownership is not for everyone. However besides the sense of ownership, it also gives people some way to build up equity.

A Save From Foreclosure

A WIN housing counselor recently reported a success in helping an older couple in their mid-seventies get a loan modification from Bank of America. They had tried to get a modification since 2010 because the husband broke his back in 2009 and had other financial issues. They were unsuccessful in getting help from Bank of America when they contacted WIN. After Four months of work, the WIN counselor found out that there was an identity theft issue with their taxes because the IRS has sent a transcript stating inaccurately that they were living in Florida with an income of \$200,000 per year. Through the help of WIN's benefit bank worker, a fantastic See Home—Page 6, Col. 3

Family Dentistry Emphasis on Preventive Care! Individual care in a family-friendly office.

Non-Surgical Periodontal (gum) Therapy

- Non-amalgam (silver) fillings (no mercury)
- Digital x-rays: environmentally friendly, less radiation
- Crowns, Bridges and Veneers Partials and Dentures New patients welcome! **Emergency Care!**

Christopher Thielen, D.D.S. LLC **General Dentist** 4254 Hamilton Avenue in Northside www.CincyDental.com 513 541-5655

METRI Neighbors, including THE NORTHSIDER & UPTown News Published by MEDIA ASSOCIATES Worley Rodehaver, publisher/editor-513-241-7539 1727 Highland Ave., Cincinnati, OH 45202 WorleyR@ella.net METRO NEIGHBORS is published 12 times annually and is FREE to readers. Copies are distributed to households in Northside as well as through businesses in Northside and the Uptown District and in other city neighborhoods. The publisher assumes no responsibility for content, accuracy or validity of Advertising or of content prepared by neighborhoods, organizations and institutions. Views expressed by others are not necessarily those of Media

Vol. 24, No. 5; May, 2012

METRO NEIGHBORS

METRO—Page 5



"Dr. Bob"

The Plum Street Pet Clinic (*Cincinnati Central Animal Hospital*), begun just after the Second World War, is one of the oldest established veterinary hospitals in the city. We are by design a smaller, more personalized clinic that provides complete services such as medical and surgical procedures. Dental and grooming facilities are available as well. Serving the Greater Cincinnati/Northern Kentucky area, we pride ourselves on personalized and intimate service at a place where the Golden Rule is our motto.

Dr. Bob and Mite

Dr. Robert Biederman, Jr. D.V.M. 513-961-1112

427 Plum Street between 4th and 5th Cincinnati, OH 45202



INTIMATE GATHERINGS GATHERINGS RESTAURANT - CATERING HOME COOKING - est. 2000 4176 Hamilton Avenue 513 541-8192 MWW.intimategatherings.com DAILY ENTREES Serving 11 a.m.-2:30 p.m. Tuesday - Mom's Meatloaf Wednesday - BBQ Ribs

Thursday - Italian Friday - Chef's Choice Other Specials Available Soups & Desserts





*Annual percentage rate is based on simple interest rate of 4.000% on \$100,000loan with 360 payments of \$447.42 closed on the 1st day of the month. **Payment does not include taxes and insurance premiums, if applicable actual payment obligation would be higher.** Certain restrictions apply. Rate may change without notice.

METRO RELIGIOUS SERVICE DIRECTORY



st. Boniface Church **Roman** Catholic 1750 Chase Ave. 541-1563

Masses: Saturday: 8am & 4pm Sunday: 8 & 10am, Noon Weekdays: 7:30am

www.stbonifacecincinnati.com

We are Family, Come join us!

Church of Our Saviour (Episcopal)

Sunday Eucharists, 7:30 a.m. & 10:30 a.m. We welcome all persons affected by AIDS 65 E. Hollister Street, Cincinnati, OH 45219 The Rev. Paula Jackson, rector 513-241-1870

Mt. Auburn Baptist Church

Adult Bible Study, 9:30 a.m.; Worship, 11 a.m. A rainbow congregation where everybody is a minister Co-pastors -- Dr. John Gilbert and Dr. Donald Rogers 2147 Auburn Avenue 513-621-9331



5501 Hamilton Ave.College Hill

Your Wedding.

513-541-2415

Blended worship

•

there's a place for you...

Genuine community

Committed to Northside ASL for all programs

Relevant, biblical messages Exciting youth programs

North Presbyterian

Pullan 4222 Hamilton

Chase npc@fuse.net www.northpresbyterian.org

Sunday Worship 10:00 AM

Sunday Classes 11:30 AM Check the web for events

> going to church every Sunday. Now, I hate to miss a Sunday at The Gathering."

www.thegatheringcincinnati.org/ A United Church of Christ Congregation 1431 Main St - Over the illhine

Home_from Page 4

underwriter from Bank of America, the persistence of WIN's housing counselor and the borrowers getting a lot of information together, the couple were able to get this resolved. They are now in the 2nd month of their three month trial loan

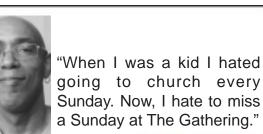
Cook—from Page 1 are fifty-two recipes in the book.

She said the first three books created to be fundraisers for her temple were the most successful and sold a combined three hundred thousand copies.

She showed me a scrapbook of reviews, recipes and stories about her books from around the country and it is all of four inches deep.

The Cincinnati **Enquirer** published a Sunday Magazine years ago and she edited the food section.

The new book, Savory Savings, will have reci-



thegathering

modification.If you are behind in your loan payments and want to keep your home, contact WIN at 513-541-4109.

Next Home buying Classes: Contact WIN at 513-541-4109 to register or for more information:

pes from meals to snacks,

from breakfast to bulk

items, Kosher and from

The main thrust of the

book is the economy—

the need to save time

She said, "I think I have

learned more about

cooking preparing this

particular book than any

others I have done. I had

to do it with a whole dif-

ferent point of view,

people who need to be a

hurry...the whole trust of

it was different but it

was interesting to work

She is hoping to have it

out before Mother's Day

on."

other countries.

and money.

Saturday, May 19th, at Elmwood Place Town Hall, (6118 Vine Street) 8 a.m. to 5 p.m. Saturday, June 23rd, at WIN, 8 a.m. to 5 p.m. Saturday, July 14th, at Cincinnati Christian University (2700)Glenway Avenue in Price Hill)

Father's Day.

It will be available at several area restaurants.

Several years ago she operated the Plain and Fancy Cooking School for people who never learned to cook, especially young people with families.

She is from Wisconsin. Prior to moving to the Hammond North she and husband, Bert lived in North Avondale. He owned and operated Marx Furniture in Covington and Newport before retirement.

Rosenberg will be offering recipes in future editions of METRO and if not then, by Neighbors.



METRO—Page 7

North Side

Bank & Trust Did you know?

May is National

Bike Month



57th Student Recognition honors 22 area high school students

Kiwanis Clubs in Ohio's Sixth District honored 22 Hamilton County students during its recent 57th Annual Student Recognition Luncheon at Twin Towers.

The Honorable Melba D. Marsh, Hamilton County Common Pleas Judge, addressed those present which included teachers and parents. A bagpiper from the Hamilton County Sheriff's Department opened the program which was led by Don Beimesche, of the Northside-College Hill Kiwanis Club, host for the event. Presenters were Judge Marsh; Ann Akeson, Lt. Governor of the Kiwanis district and Jerry Schwartz of the Cleves-Three Rivers Kiwanis Club.

There are 13 Kiwanis Clubs in the Sixth District. The recognition began in 1956

Clifton House Tour set for Mother's Day

Every third year on Mother's Day, a group of Clifton homeowners open their doors to greater Cincinnati and say. "Come on in and have a look around!" So. mark your calendars for Mother's Day, May 13. . Clifton Town Meetine has lined up some great houses for the 2012 tour and it includes something for every one with a wide and eclectic array of homes that will entertain and inspire all those who visit. The interiors are just as varied as the architecture. Some have been updated (keeping in tune with the age of the

house wherever possible) and others are like stepping back in time to the period in which they were built.

Although they do not disclose the homes until the day of the tour. they are confident that if you have an appreciation for architecture or interior design, or if you just enjoy touring beautiful Clifton homes, you will **not** be disappointed

Throughout the tour's history, the gracious owners of more than 70 Clifton homes have shared this special Sunday with their neighbors. Clifton Town Meeting began house tours in the late 1960s and sponsored them throughout the 70s and 80s, taking a hiatus between 1988 and 1997. Since the resumption of the tours, the event has drawn people from all Over Cincinnati and has been a great way to spend part of Mother's Day.

Tickets are \$17.50 in advance and \$22.50 the day of the tour. Tickets can be purchased at Ace Hardware, Skyline Chili, The Fsquire Theater, Columbia Savings Bank, Ludlow Wines, Olives, US Bank and Taylor Jumeson Hair Design in Northside.

YOU DESERVE TO LIVE HERE!

513-751-6566

307 Ludlow

Arlin's

A variety of

music groups

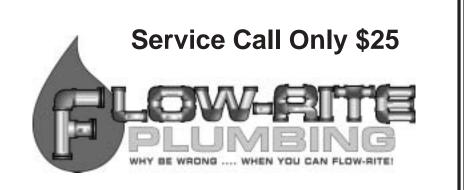
Great food served daily Monday-Saturdsay 11 a.m.-10 p.m.

Clifton

Alexandra Apartments 921 William Howard Taft Rd.

Studio, one and two bedrooms A/C & Equipped Kitchens Laundry Facilities Elevators

drooms Healing Connections ens Close to Shopping On the Metro Bus Line Minutes from Downtown <u>We will exceed your expectations</u> Call us today – limited availability* (513) 961-5700 * Income and Age Restrictions Apply Assisted Living is not provided



"We offer full service plumbing residental and commercial"

383-4242 www.Flow-RitePlumbing.com

ASSOCIA TES MEDIA Publishers of Community newspapers ser ving Gr eater Cincinna ti Neighbohoods RATE CARD for METR O Neighbors ledia Associates T ASSOCIATICS (Includes Northsider & UP Town News) L_{SSOC}HARES

RATE CARD

Rates quoted a MONTHL Y Charges. Ad sizes are base 6000 lumn Page Effective January 2012

Page	12Issues	8 Issues	4 Issues	1 Issue	Column Inches
2 CI	\$35.00	\$40.00	\$50.00	\$60.00	2 CI
BC	\$50.00	\$55.00	\$60.00	\$70.00	4 CI
1/9	\$65.00	\$70.00	\$75.00	\$85.00	6 CI
1/8	\$70.00	\$75.00	\$80.00	\$90.00	6-3/4 CI
1/6	\$95.00	\$105.00	\$115.00	\$125.00	9 CI
1/4	\$145.00	\$155.00	\$165.00	\$175.00	13-1/2 CI
1/2	\$200.00	\$225.00	\$250.00	\$275.00	28-1/2 CI
Full	\$300.00	\$350.00	\$400.00	\$450.00	57 CI

PLEASE NOTE: Half Page Ads may be either horizontal or verticle

Ad Set Up F In House ee

\$40.00 Full Page; \$30.00 Half Page; \$20.00 under Half Page (Charge Made for Each Ad Change of more than 2 Lines)

Guaranteed Placement

Add 10% Inside; 20% Back Page Ask About Front Page Ad Block

Discounts

Deduct 3% for 4-IssuePrepay Deduct 4% for 6-Issue Prepay Deduct 6% for 12-Issue Prepay

STANDARD AD SIZES

Full Page-10"w x 9-3/8" Half Page V 4-15/16w x11-1/8 Half PageH—10" w x 4-3/8 **Fourth Page** 4-15/16"w x 5-1/2 Sixth Page 5" w x 3 Eighth Page-5" w x 2-1/4 9th Page 3-1/4" w x 3 Bus Card—3-1/4" w x 2 2 CI---

Full Color Full Pages available (Call about format)

\$150.00 Color Fee

General Number 513-241-7539 Your Contact e.mail

WorleyR@ella.net Phone