

Northside 4th of July Parade begins at noon on the fourth

METRO Neighbors

July, 2012

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Caracole is proud of its 25 years of service and new offices

Caracole marked its 25th anniversary with "A Singular Sensation" dinner in June at the Hilton Cincinnati Netherland Plaza, downtown Cincinnati.

About Caracole, Inc.

Caracole saw a 330% increase in the number of clients served in 2011. Caracole served 881 people living with HIV/AIDS in 2011 and served 205 clients in 2010. In addition, they served more than 94 additional partners and children of clients.

Caracole saw a 92% increase in the Client Services employees in 2011. To accommodate their new clients, Caracole hired 11 new Client Services employees in 2011.

Caracole saw a 28% increase in expenditures for 2011. With so many new clients and employees that started with Caracole on April 1, 2011, an additional \$524,258 in expenditures were necessary.

Caracole served seven new counties in 2011, compared to 2010. Caracole now serves Adams, Brown, Butler, Clermont, Clinton, Hamilton, Highland, and Warren Counties.

History of Caracole, Inc.

In 1987, the HIV/AIDS epidemic was becoming less of a whispered disease and more of a national dialogue. The national face of AIDS that year was an Indiana teenager named Ryan White, and that fall that the AIDS Memorial Quilt was first

displayed on the National Mall in Washington, D.C.

It was against that background that Caracole House was founded in 1987, the first licensed adult care facility in Ohio for people living with HIV/AIDS. But according to Linda Seiter, the executive director of Caracole, the idea came several months earlier.

"In February of 1986, Father Jeremy Harrington and Father Jim Van Vurst with the Province of St. John the Baptist approached Michael Ritchey, the director of the Cincinnati Health Department's sexually transmitted disease unit to discuss conducting a feasibility study on the need for housing for those with HIV/AIDS," said Seiter. "The study showed that those infected would need supportive housing. Caracole was incorporated soon after."

In his history of the organization, Ritchey explained the background behind the name. "Caracole is derived from the Spanish word for snail, or it can also refer to a shell or protective covering," he wrote. "The concept of a shell, a home and protection against the environment, is an important one. "Caracole's sole mission was, and remains, to provide good comfortable housing for persons with AIDS who are in need."

While housing is the foundation of the organization, Seiter



New Caracole Office location

says the outreach has grown as patients no longer see HIV/AIDS as an automatic death sentence. "When permanent housing services were added, we began providing case management services to assist people in obtaining medications, maintaining housing and medical care and connecting to other needed services."

And clients can have more than one need. "The typical client may be a person living with HIV/AIDS who comes for case management services so they have support with getting medications and other services to maintain good health and independence," said Seiter. "The client also may be a homeless person in need of housing and medical stabilization, if they're coming from a shelter or living on the street with inconsistent

or no medical care. For a client like this, their health care begins with stable housing."

As the organization marks its 25th anniversary this year, Seiter says the need is greater than ever, as Caracole now serves an eight-county area

with the number of clients increasing 330 percent last year. "This jump in numbers happened because we were awarded a grant from the Ohio Department of Health to provide all Ryan White medical case management services that were

previously provided by another agency," she said. "The increase in clients also means an increase in the need for volunteers. We've grown from a volunteer base of about 75 last year to a current roster of 165. And more are always welcome."

Caracole moving to Northside

Caracole, having outgrown its Bond Hill office, is moving to Northside.

Their new offices and meeting space will be on the first floor of the former Miller Funeral Home on Hamilton Avenue.

David White, community development officer for Caracole, said they will be open for business on June 29 and they will be closed to

their clients and the public on June 27 and 28 for the move.

He said when they decided to move Northside was a good fit because it is more centrally located and is on or near several bus routes.

Located there will be offices for case managers, housing staff and administrative staff. There will be 28 Caracole staff members and two Planned Parenthood staff members with offices

in the building.

Planned Parenthood will house their HIV Prevention Project doing HIV testing there.

They have two owned transitional houses in Roselawn which will stay there. There are 22 beds available.

An Open House is planned for late July. Entrance is from the back of the building and there is a large parking lot.

Northside



Third Reduce, Recycle RUN 5K Walk on Earthday, 2012

By Cindy Sherding

After taking a year off, I heard rumblings around Northside about when are you doing the 5k? I knew we needed to make it happen.

So CNCURC (*Cincinnati Northside Community Redevelopment Corporation*) made the decision to do a third Reduce, Recycle, RUN 5k Walk/Run, and to do it actually on Earth Day, in beautiful Spring Grove Cemetery. I also knew in the Northside spirit we would get all kinds of people on board wanting to help. But it was more than that.

This time in addition to Northside folks, we had UC students from the Center For Community Engagement, as well as students from Clark Montessori. What an energy these kids had, and I heard many times what a great time they had.

How exciting was it to have Channel 9 on the scene at 6:30 a.m., as we were setting up (*and the deer ran down the street as we were interviewing*), and then to have the crew stay to cover almost the entire race for an Earth Day report! There were Segways to try and a Peddle Wagon to test people's peddling legs, Bob Roncker's with give-aways,

Happen, Inc. activities for kids, and our first kids "Kermit Run". All participants received a coupon worth \$20 for Northside restaurants; Melt, The Comet, The Painted Fish, and Don's Pizza. Each first place male/female runner and walker seemed so surprised to actually receive the prize of a rain barrel!

Again we wanted this to be a "green" 5k and what better day than Earth Day to make it happen; collecting 31 cell phones for the Cincinnati Zoo & Botanical Garden's recycling program, and about the same amount of athletic shoes were able to be "re-used" by CAIN for their clients, and the remaining shoes were donated to Soles to Souls for recycling. There were no "goodie packet bags", since so many times the contents end up in the trash. We used local companies Bruegger's Bagels for bagels and Kroger for bananas. Northsiders were encouraged to car pool or ride their bikes to the event (*bike racks courtesy of MoBo*).

FDA approved compostable paper water cups were used, and people were offered the chance to "re-use" and wear one of their past 5k t-shirts for the event. Volunteers were



They are off!!

all wearing different versions of our shirts!

For a first this year we found a company recently located in Northside, Brand Evolutions, to design our t-shirts. They produce all of the apparel for the Flying Pig Marathon, so we were excited and really proud of the awesome t-shirt design. On top of the original artistic design, on the day of the race they offered to add I LOVE NORTHSIDE or I HEART NORTHSIDE, on the sleeve for an additional charge. Shirts are still available for only \$5. Contact Cindy at cindysue@fuse.net if interested.

So thanks to my coordinators, Tonya Pate and Anne

Schneider, we were able to pull off a fabulous event for Northside. And also none of it would have happened without the prep work from Alice Emmons and the girls making signs, sponsor boards from Tim Jeckering, Shelley Werner with marketing, Martha Calligan with registration materials, Paul Green with the website, Committee leads, Tori Hoolihan, Chuck Brown, Robin Henderson, Steve Gerth, David King, Lisa Auciello, members of the CNCURC Board, Harry Blanton, Stefanie Sunderland, Jason Schneider, Sara Bedinghaus, Bob Carbon, Gina Gartner, Skip Jones, Gary Skitt, and Michael Berry. And

then the 41 additional VOLUNTEERS doing grunt work that day, including District 5; great job everybody!!!

And finally, we could not have pulled off such a great event for Northside without the following sponsors: Reece Campbell, Inc., Bloomfield/

Schon Partners, Northside Tavern, Virginia Place/In-Line Development, Bob Roncker's Running Spot, CR architecture + design, The C & D, Rumpke/City of Cincinnati Recycling, Tom Jackson & Sally Krisel, North Side Bank & Trust, Cincinnati State Technical & Community College, The Comet, Queen City Cookies, KZF Design, Sidewinder, Model Group, Porch Swing Properties, Potterhill Homes, Schaeper's Pharmacy, Woody Sander Ford, Jason and Anne Schneider, Harry Blanton, Molly North, Tim Jeckering, Vicky & Dennis Sweeney, Bud Herber Motors, Chameleon, John Hall Body Shop, Shake It Records, We Have Become Vikings, Doran Transfer & Rigging Co.

Thanks everyone and look for a 10k race option in addition to the 5k in 2013!



HEY!! Something's after me

We should have our Website up and running for next issue



June Averous—1920-2012

June Averous, 91, a former secretary of Northside Community Council, died in April.

Before moving to Judson Village Retirement Center she lived on Pullan Avenue.

She was born in 1921. Her family lived about 15 miles from Paris, France but her mother made a special trip by train so she would be born in Mazamet in southern France, the same town as were her ancestors.

This was very important because her family was traditional Huguenots (*Protestant*) a minority of about two percent.

She studied to be a teacher but the year she got her teaching certificate, her father died and she postponed her plans to care for her mother.

She was 19 when Hitler entered Paris. Then a secretary,

in her quiet way, she helped Jewish and other neighbors targeted by Hitler escape the country through Mazamet.

She worked for the French Post Office for years and visited a restaurant where she met John Eick, a teacher at Xavier University here. Eick would take students to Paris and they stayed in the home Averous inherited from her family.

In 1969 she retired and came to the United States at the invitation of Eick.

They bought a house on Pullan, she lived on the first floor, Eick upstairs.

She was secretary of the Northside Community Council when Dr. Richard Jameson was its president.

She was a member of Pilgrim Chapel in Mt. Adams where her memorial service was held.

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Northside-College Hill Kiwanis

We hold our weekly meetings at noon on Tuesdays at Twin Towers in College Hill. Learn more about Kiwanis, join us for lunch. RSVP: Don Beimesche, 513-542-7800 or 271-2814 or Jan Holland, 513-681-5213



Rainbow Band's annual concert at Kiwanis Memorial Day Ceremony

Kiwanis leads Memorial Day Observance at Wesleyan Cemetery

Members of the Northside-College Hill Kiwanis Club once again led observances of Memorial Day at Wesleyan Cemetery in Northside.

It was a warm but breezy afternoon and there was a much smaller than usual attendance.

The Rainbow Band, traditional provider of music played a melody of marches prior to the program and then "God Bless America" as the flags were brought in.

Kiwanian Don Beimesche welcomed those present.

He announced that The Veterans Wall with photos of area veterans was on display.

The annual Missing In Action/Prisoner of War Service was performed.

It was a day to remember those who have fought and died for us in many wars. It was a time to think of those who saved many in the World Tower collapse, but there were few there to hear the words of the speakers. Too bad! Too bad!

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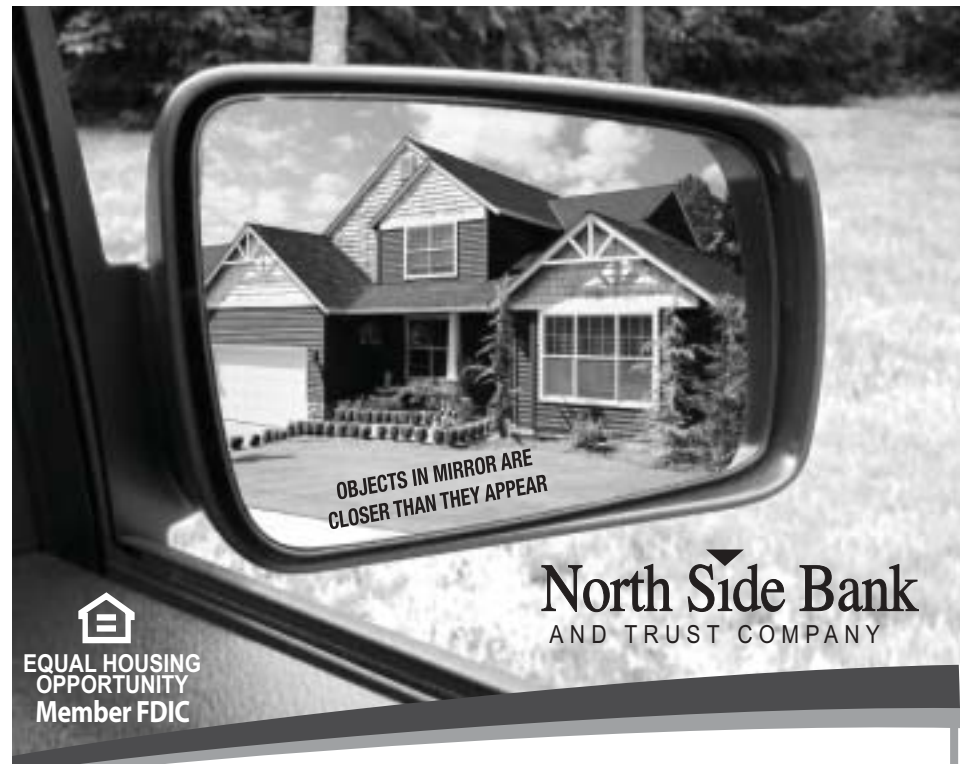
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Clifton's Memorial Day Parade

Everything is under control at this year's Clifton Memorial Day Parade with rope holders leading the way as they enter Mt. Storm Park....but wait there go a couple of teens breaking away and racing through the parking lot. More were to follow.





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Barbara's "Bon Appetit"



Preparing the mushrooms

By Barbara Rosenberg

Ingredients: 1 lb mushrooms....2 tablespoons minced scallions or onions....1 clove minced garlic....1 quarter cup dry white wine....1 cup shredded mozzarella cheese (provolone is even better)....1 teaspoon Wondra flour.....

Directions: Wash and drain mushrooms, use caps only, save stems for another recipe....Sautee scallions or onions in butter until limp....add wine and simmer for 5 minutes....Put mushrooms in bake and serve dish....Pour wine mixture over mushrooms....Bake for 12 minutes at 450 degrees (microwave, 4-6 minutes)....Remove from oven and pour off liquid into saucepan....Simmer mixture until it reduces to one half cup, thickening it with flour....Pour mixture over mushrooms in same bake and serve dish....put back in oven for 5 minutes.... put cheese over mushrooms, let bake for 3 minutes or until cheese melts....Voila, Muchrooms Mozzarella, Muy Delicioso!

Ron Witt new Kiwanis president

Ron Witt, long-time Northsider, was elected president of the Northside-College Hill Kiwanis Club at its last meeting. Witt will assume his new role in October.



Witt

Witt has been a member of Northside-College Hill Kiwanis for two and a half years but is probably best known for his work at Hoffner Park.

His biggest project up to now is his annual trip to Peru where he helps with several orphanages—taking them supplies such as food and medicine.

“Children of the world, one at a time” is a focus of Kiwanis International. Witt takes that one step further by being directly involved with orphans in Peru

Kiwanis helps him financially with his Peru project. Recently he had a five-month garage sale to raise nearly \$1,500 additional money for his trip.

He says he has just started thinking about what he would like to do as president of the club but one thing is to bring members of all the clubs together to work on a

project or projects to raise money for a major project.

At Hoffner he helps with projects, such as 4th of July activities. He moved to Northside from Mt. Adams.

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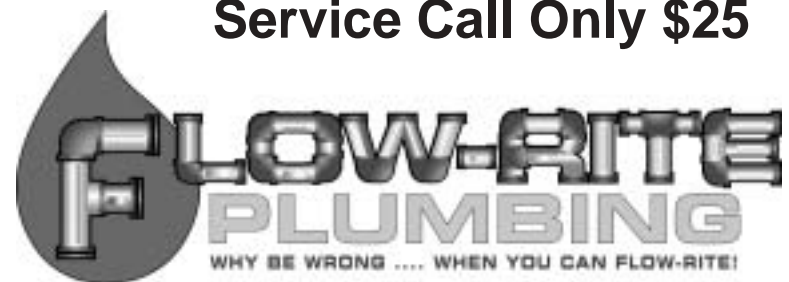
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