

Dear Northsiders and friends

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Worley Rodehaver
Publisher

Please note: The page numbers in this publication are off by a page. Our front page is page 2; page 2 is Page 3, 3tc. etc.

METRO Northsider

March, 2013

Serving Cincinnati's Northside & Uptown Neighborhoods

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Porch Tour October 12th will launch from St. Boniface, celebrating 150 years in Northside

By **Tim Jeckering**
Event chair

Northside Community Council is busy planning for the 9th bi-annual Historic Porch Tour October 12th, 6-9 p.m., set to launch from St. Boniface School. The Porch Tour this year is planned to compliment St. Boniface's 150th anniversary in Northside.

Designed to be a streetscape celebration of the Victorian Porches that

proliferate our neighborhood, the Porch Tour has been a huge success in building community street by street within the neighborhood. In it's ninth year, there has been a different route every time for the Porch Tour as the event dances around the neighborhood.

Returning to St. Boniface for the launching point this year was destined to happen when

St. Boniface contacted me to be a part of their 150th anniversary.

Things like this do not happen every day, nor do they happen every year. Back in 1853, St. Aloysius Church was founded on the current-day Delaney Street (*Linn Street*) to serve the spiritual needs of Catholics in Cumminsville. Due to the construction of the Miami-Erie Canal, Cumminsville

grew rapidly, and many Irish and German immigrants poured into this area to settle. This caused the rapid growth of St. Aloysius Church, and a decision was made to split the parish along ethnic lines (*Irish and German*), with the Irish getting St. Aloysius (*later to become St. Patrick Church, then St Pius, and now Queen City Cookies*). This left the Germans building St.

Boniface Church at the corner of Lakeman and Blue Rock Streets in 1863 (*the current site of Ridge Engineering*).

The continual growth of the north side of Cumminsville resulted in the Germans outgrowing their location on Blue Rock and Lakeman, and so they built a new church on the Banning estate, located on Pitts and Chase Streets, in 1927. Suburban migration that started in the post-war years forced St. Patrick Church to merge with St. Boniface in 1991.

To celebrate its 150th anniversary as a parish, St. Boniface plans a yearlong jubilee, starting in June 2013 and ending in May 2014. For more info, visit www.stbonifacecincinnati.com.

The exact route for this year's Porch Tour will soon be announced, the committee is just be-

ginning to meet and discuss the potential routes and the logistics of the event. What is certain though, is on the second Saturday night in October, the sun will set, there will be thousands of luminaries lining a route in Northside that two-twenty person horse drawn carriages will traverse, architectural interpretations of the Victorian Porches will accompany the carriages, people will be out celebrating their neighborhood on their porches dressed in period costume, and as the night settles in, the candles will fade in their little white bags as the successful event brings light and energy to another street in Northside.

Want to get involved? Contact timjeckering@fuse.net or 513-542-2500 (1#).



Northside



Northside Community Council

By Martha Dourson
President

New Council takes shape

Northside Community Council is pleased to announce the four new board members recently elected to its Board of Directors.

New inductees are Michele Murphy, Jonathan Sears, James Kinsman, and Laura Collins.

Michele Murphy is no stranger to neighborhood involvement. She has previously served on Clifton's Council and has taken an active interest in Northside.

Jonathan Sears has been involved in numerous projects, most notably parProjects, and has worked endlessly to promote the interests of

Northside. He has been involved in fundraisers and is presently working on a corn maize for Northside.

James Kinsman brings a new voice to Northside and we look forward to his involvement in many activities.

Laura Collins has been actively involved with CAIN, and most recently, helped to coordinate Hygiene Day with the community. Laura is the new membership secretary.

March 10 the new board met for its annual retreat. New Board members were asked to select a committee or project they wish to

work on for the year.

We thank outgoing board members Robin Henderson, Cindy Sherding, Heather Sturgill and Ray Allen. Robin has been the main impetus behind the successful Farmer's Market and has volunteered endlessly for clean-ups, community dinners, and countless neighborhood events.

Cindy Sherding has worked in many capacities as well, from Blockwatch 45223, to the highly successful Recycle/Reduce Run and Walk held in April as a fundraiser for CNCURC (the Cincinnati Neigh-

borhood Community Urban Redevelopment Corporation), whose goal is home ownership in Northside.

Ray just keeps on giving. He has been instrumental in the establishment of a Youth Council, has been a great organizer in the Great American Cleanups, and has been a youth football coach for many years. He is an avid dog-walker, and has developed a watchful eye for looking out for the neighborhood.

Without volunteers like these, Northside would not be where it is today. Many thanks to all!

Northside Community Council Committees

Education Committee - Sue Wilke and Jeni Jenkins jointly co-chair. If interested in participating contact Sue at suewilke@cinci.rr.com or Jeni at visionforchange@gmail.com.

Northside Safety & Livability Committee—Safety and Livability Committee - this committee is undergoing revision and will be updated as soon as information becomes available. In the meantime, should you be interested in serving on this committee or have questions, please contact Martha Dourson at 542-8940, or e-mail at mcdourson@gmail.com.

Youth Soccer Committee - Currently NCC funds and sponsors two youth teams in both the spring and autumn. Contact Oliver Kroner for details, olliekroner@yahoo.com or 513-284-0899 cell. Visit www.northsidesoccer.com

Skate Park Committee — Currently not meeting but still working! Contact Tim Jeckering at 513-542-2500, or e-mail Tim at timjeckering@fuse.net. Visit www.skatenorthside.com.

House Tours/Porch Tours are usually the second weekend in October, on alternating years, House Tours are on even numbered years, and Porch Tours are on odd numbered years.

Porch Tour - Contact Tim Jeckering, 513-542-2500 ext. (1#) or timjeckering@fuse.net

House Tour - Contact Louise Watts, 513-541-7563 or louisewatts77@email.com.

Event Committees

4th of July — Chuck Brown at chuckb75@aaahawk.com
4th of July Committee works at planning, recruiting, getting permits and community participation for the 4th of July Parade. This Committee also coordinates w/organizers of the Festival in Hoffner Park after the Parade.

Affiliates

Citizens On Patrol (COP) — meets 3rd Thursday of month at 6 p.m. at Ella.net Studio (*above Northside Tavern*). Contact Mollie Brumm at mollie.brumm@fmr.com

Cincinnati Northside Community Urban Redevelopment Corporation (CNCURC) — Stefanie Sunderland, executive director, 513-542-4709

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CNCURC 4th annual Reduce Recycle RUN & After Race Party



On Your Mark! Get Set! And RUN in the Cincinnati Northside Community Council Urban Redevelopment Corporation's (CNCURC) 4th annual sanctioned **Reduce Recycle RUN** scheduled April 14 at Spring Grove Cemetery (*Gwen Mooney Entrance*). Please remember, Spring Grove does not allow dogs.

Courses include a 5k

run/walk and 10k run.

Registration starts at 7:30 a.m. Both races begin at 9:00 a.m. The children's Kermit run begins at 10 a.m.

Registration fees are \$25 per person (\$35 with *T-shirt*). Children 9 and under are free. Entrants may *pre-register on line at www.sprunning.com through April 9th or by mail. Mailed registrations must be post marked by April 6.*

Mail completed entry form with check payable to: **CNCURC** c/o **4154 Lakeman Street Cincinnati, Ohio 45223**

Anyone who registers by **APRIL 1st**, will automatically be entered for chance to win a free pair of running shoes from **Bob Roncker's Running Spot**

Packets may be picked up at Bob Roncker's (*O'byonville location*) April 12th, 3 p.m. - 7 p.m. and at the registration table the day of the race.

In addition to 5k run/walk and 10k age group awards, 1st place "Northsider" runner and walker will also receive awards!

CNCURC's Reduce

See **5K**, Page 8, Col. 2



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Northside-College Hill Kiwanis

Robert Cohom

We hold our weekly meetings at noon on Tuesdays at Twin Towers in College Hill. Learn more about Kiwanis, join us for lunch. RSVP: Don Beimesche, 513-542-7800 or 271-2814

Well known Northsider Jan Holland has died

By Don Beimesche
Kiwanis Treasurer

Janet Holland was found dead in her home on March 2nd. She was 70 years old.

Jan was a long time resident of Hayes Avenue in Northside. For many years she was a Ward Chairman and member

of the Executive Committee of the Democratic Party in Hamilton County.

She was a lifelong member of the St. Philip's Episcopal Church on Kirby Road.

Jan was very active with the Northside-College Hill Kiwanis. She was President

for many years and most recently served as Vice-President of the Club. She often said that she felt that "everyone should be a Kiwanian".

Jan's passions included the Kiwanis, her church, service veterans, and her cats. She felt so strongly about the veterans that she pushed for the Kiwanis Club to build a mobile Veterans Wall. It is currently located at the Postmans' Hall on Colerain Avenue and Blue Rock in Northside.

She was also the power behind the Kiwanis Club sponsoring the Memorial Day Service at Wesleyan Cemetery.

The world wasn't always fair to Jan, but she always tried her best and she will be missed. Her faith in God helped her through the many challenges she faced and we can be assured that she is with her savior in heaven.

*(Editor's Note: We apologize to anybody who showed up at the wrong location or late for the service. As soon as we got word of Jan's death we prepared an **EXTRA Northsider**. We did so after calling the funeral home for arrangements. Somebody changed them later.)*



Jan Holland at Memorial Day Service

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Dr. Bob

By Dr. Robert Biederman

Older pets and “procedures”

Downtown—Hello folks. Today I would like to go over with you a big concern that all loving pet owners have. This really comes into play as our pets get older and the idea of getting some ‘procedure’ done is mentioned at the veterinary clinic.

It is a very pervasive concern and one that is hard to overcome, but a little information and intelligence usually saves the day.

Okay, let’s go with a hypothetical. **YBy Dr. Robert Biede**our veterinarian mentions that little Oscar needs an operation. What’s the first thing that comes to your mind? If you said, “The cost!”,

then pat yourself on the back for being responsible (*But that’s not the right answer!*) No indeed. What we’re looking for concerning the right answer is it safe to put little Oscar under anesthesia?” (*Give yourself a gold star if that was your reply.*)

Now granted, it is always best to avoid drugs, surgery etc. if possible; but if your veterinarian decides that surgery or some procedure is warranted, and that sedation/anesthesia is required; the medications we veterinarians have at our disposal today are immensely

more safe than what was around a few short years ago.

There are many types of anesthetic agents, but for the sake of simplicity, we will break them down into the two main groups of A) gas anesthetics and the B) injectable drugs. Which one is better? Well I would imagine you could ask five different doctors and get five different answers to the issue. Gas has been the all-time favorite, but lately even the internal specialists I have talked to will say the injectables are just as safe, if not safer.

Gas anesthetics can be ‘neutralized’ by infusing more oxygen into the lungs. Many of the injectable anesthetics these days now have their own specific ‘antidotes’ that can be given intravenously if needed. What this means is that if a patient ‘gets into trouble,’

we can get them out of trouble quite readily. Within a matter of seconds, anesthetics can be diminished, if not completely negated.

The safety of these drugs is indeed remarkable. Last summer I had a little kitten that weighed just fourteen ounces (*That’s right-less than a pound*), who had a severe eye infection at birth. Unfortunately, the eye had to be removed. Lucky

See **Bob**, Page 8, Col. 3

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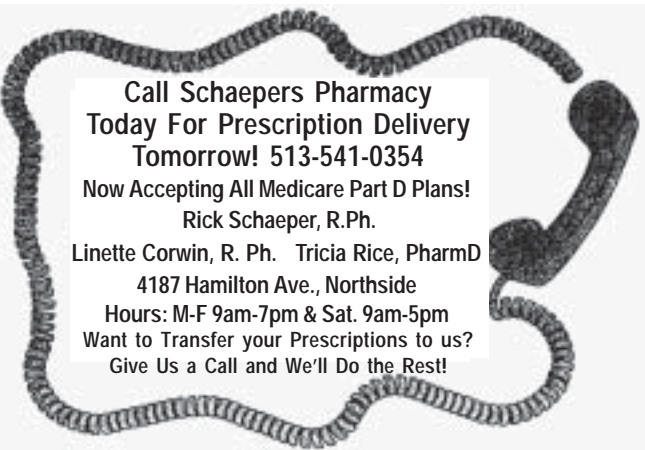
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“Dr. Bob”



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**Northside News
FIRST**

After battling those March Winds, treat yourself to a cup of hot cocoa

By Barbara Rosenberg
After battling those March winds, treat yourself to a cup of piping hot cocoa.

What could be better than a cup of hot cocoa when those cold March winds start to blow?



Rosenberg

For the next few months, I will be highlighting homemade

Here are the few simple ingredients for Barbara's "Cocoa Delight": 3 cups non fat dry milk 1 cup

versions of a few ready made mixes found on the grocery store shelves. Not only are homemade versions more economical, they can be healthier as well.

unsweetened cocoa powder 1 cup sugar (I prefer brown sugar), for the carb and calorie concious, Stevia is a healthy alternative. 1 teaspoon salt Put all ingredients in a large

mixing bowl Stir until mixture is thoroughly incorporated Cocoa mix can be stored in a tightly sealed container, in a cool dry place for up to 2 months. For 1 single



shavings. Chocolate morsels can be used as well. I found chocolate raspberry morsels in a gourmet food shop, simply divine. Try a big fluffy marshmallow on top with graham crackers on the side, s'mores anyone? Step it up to elegant with a dash of Gran Marnier, Amaretto or a teaspoon of instant coffee. Peppermint sticks are also a good addition. Well, I think that you got the idea. Until next month, stay warm and "Bon Appetit", Barbara.

Put all ingredients in a large serving: 3 Tbsp. mix in 1 cup hot water, for a richer cocoa, use milk in place of water. Now let's get creative Top hot cocoa with a dollop of whipped cream and chocolate

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5K—from Page 3

Recycle RUN is a green event. Additional ways to support our efforts include:

- Bringing gently used athletic shoes (*in a bag*)
CAIN will distribute to local organizations serving the less fortunate.
- Bringing old cell phones recycled by the Cincinnati Zoo to receive a \$2.00 coupon off admissions.
- Bringing your own water bottle. (CNCURC provides recyclable cups for those who don't.)
- Carpooling or biking to the event, and
• If not interested in purchasing this year's new event T consider wearing one from a previous year.

Race/run awards and prizes will be announced at the **After-Race Party at MAYDAY** immediately following the race from 10 a.m. to 2 p.m.

Located on Spring Grove Avenue at the corner of Dane, Mayday is just a short sprint from Spring Grove Cemetery. This year's after party promises to be the best ever, offering a delectable selection of foods provided by local chefs and bakers, discounted specialty Mayday mixed drinks and "dogs", unique and novel gift basket raffles and auction items.

Reduce Recycle RUN entrants and volunteers will be admitted free and each will receive one free drink pass. Admission for all

others is \$5 per person at the door.

CNCURC is a 501 © 3, non-profit organization. All proceeds from these events will be used to support the Cincinnati Northside Community Urban Redevelopment Corporation's efforts to increase home-ownership and reduce blight through the acquisition, rehabilitation and sale of vacant homes in our community.

For more information regarding the Reduce Recycle RUN or Mayday After-Race Party, contact

Cindy at cindysue@fuse.net

Want to train for the race? Meet on Sundays at Spring Grove Cemetery behind the Gwen Mooney building at 10 a.m. to walk or run.

For Information and to confirm contact Shelley at bellofshell@yahoo.com.

Interested in volunteering for or contributing to or sponsoring the events?

Please contact:

Contributions/Sponsor: Stefanie at 513-542-4709

Volunteers: Anne at anniebetty@aol.com

Bob—from Page 5

for the pet though, the ability to safely and effectively anesthetize such small creatures is readily available, with proper and effective pain elimination.

So right now you're probably thinking 'Okay Dr. Bob, you're telling us they're safe, just how safe are they?' Well I did the math on this, concerning my practice, last year. I can tell you that I am running one anesthetic fatality per seven thousand anesthetic episodes. Frankly, I would say those are pretty good odds!

Now the fact that anesthetic problems are becoming more and more rare is not just solely because of the newer drugs. This is also due to the fact that blood tests (*Just like the humans*

do) make it possible to specially tailor anesthesia requirements to each individual pet. For example, older cats with kidney problems will require less, while a dog with a high metabolism may require more. Everyone gets the proper sleep and pain management they need while still happily going out the door within a day or two.

So while it's okay to be concerned, just don't let the fear of anesthesia prevent you from taking care of your pet. We doctors can never make guarantees, but I can promise your pet will have an exceedingly very good chance of going home safely. All thanks to modern medicine. Now that's something to smile about!

Until next time.

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